

Starting Something New

By Amber Espinosa



God gave Joseph advice when he was about to do something new. Learn from that advice on how to handle a new thing in your own life!

For

Just for Kids

Season

Fall

Activity Plan

Remember, it's normal to feel nervous before starting something new. Even professional athletes and musicians get nervous before a game or performance.

1. Talk about the situation with a loved one.
 - How are you feeling about starting something new?
 - When have you felt this way before? What happened?
 - What do you think will happen this time?
 - What is the worst thing that could happen?

2. Look to God's word for guidance.
 - Read Proverbs 23:19 "Hear, my son, and be wise, and direct your heart in the way."
 - Tell about a time when you were nervous about something new, and you decided not to do it.
 - Read Joshua 1:1-9 from your Bible (or see text on last page). Joshua had to start something new. God told him not to be afraid and promised to be with him. Is this a good time to try something new and trust God to care for you?
 - Tell about a time when you started something new, and it went well.

3. Get some good advice from a loved one.
 - Tell about something you do to help when you're nervous.
 - Check out this web site together and see if you find a tip that helps: [Tips to Calm Your Kids' Nerves](http://www.ehow.com/info_10051583_tips-calm-kids-nerves.html). http://www.ehow.com/info_10051583_tips-calm-kids-nerves.html

4. Pray this prayer before you begin your new thing!

Loving God, I know that you are with me. I trust you to take care of me, no matter what happens. Please help me to feel brave today. Amen.



God Commissions Joshua

Joshua 1:1-9

After the death of Moses the servant of the Lord, the Lord said to Joshua the son of Nun, Moses' assistant, "Moses my servant is dead. Now therefore arise, go over this Jordan, you and all this people, into the land that I am giving to them, to the people of Israel. Every place that the sole of your foot will tread upon I have given to you, just as I promised to Moses. From the wilderness and this Lebanon as far as the great river, the river Euphrates, all the land of the Hittites to the Great Sea toward the going down of the sun shall be your territory. No man shall be able to stand before you all the days of your life. Just as I was with Moses, so I will be with you. I will not leave you or forsake you. Be strong and courageous, for you shall cause this people to inherit the land that I swore to their fathers to give them. Only be strong and very courageous, being careful to do according to all the law that Moses my servant commanded you. Do not turn from it to the right hand or to the left, that you may have good success wherever you go. This Book of the Law shall not depart from your mouth, but you shall meditate on it day and night, so that you may be careful to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success. Have I not commanded you? Be strong and courageous. Do not be frightened, and do not be dismayed, for the Lord your God is with you wherever you go."

