

Intention Inventory

By Julie Filby



Just as family activities, such as weekly piano lessons and daily soccer practice, are often maintained on a family calendar where everyone can easily reference them, keep track of family prayer intentions and requests on a family white board or chalk board set in a high traffic area of the home.

For
Young Family

Season
Fall (consider starting this when school starts)

Needed
White board and dry erase markers, or chalk board and chalk; eraser as needed (tip: plastic plates from the grocery store can also serve as dry erase boards)

Prepare in Advance

- Consider your family prayer intentions
- Purchase or borrow a white board or chalk board, or buy plastic plates

Activity Plan

1. Say this prayer aloud to begin.

O God, please be with us as we come together today to lift up the special intentions that are deep in our hearts. Amen.

2. Gather each week, or whatever works for your family (e.g. daily, monthly) and write your prayer intentions on a community white board or chalk board. Keep in mind family members and friends who may be sick or otherwise having a hard time, people who have asked for your prayers, significant occasions coming up like birthdays, anniversaries, new jobs; along with other intentions that come up in your conversation
3. Keep the white board or chalk in high traffic location in the household, such as the kitchen. Keep it in a location where each member of your family will see it every day and be reminded to pray not only for their personal intentions but for the entire family's.
4. Optional: Consider referring to the board when gathered for meals, or when praying before bed.
5. Keep adding to the list as space allows, and once it's full: erase the board and begin again!