

## All Souls

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November is a time for reflection and thanksgiving. First we begin the month with the great feasts of All Saints and All Souls.

### For

Young Family

### Season

Fall (November)

### Consider

With **All Saints November 1**, we remember those men and woman, lay and religious, who the church has lifted up as models for the rest of us. They are our fathers and mothers in our faith. They are honored for their willingness to live fully the Gospel in their time and place.

We can learn a lot from our ancestor stories of hope, faith, struggle, and turn to them for inspiration and intercession in our daily family life. We give thanks to God for raising them up.

The **Feast of All Souls November 2**, we remember those dear to us who have passed away. We remember especially the good that they did during their live, their good qualities, we remember special occasions when through their love, generosity, affirmation they helped us through tough times and we give thanks to our God with whom we trust they are with now for the gift of them. We ask for the grace to forgive any errors they committed through human weakness.

The **Feast of Thanksgiving**, while it is not a religious feast, this celebration does remind us of even though we may have struggles and problems in our lives, that we have so much to be thankful for. Hopefully as a community of faith one of the things that we do is to help one another to grow in gratitude for the gifts that we have received in the past and the gifts that we are receiving right now.

### Activity Plan

1. In this exercise spend some time and think of two people who have made a positive impact in your life. Share a time when you were younger and struggled with something and God sent someone into your life to lift you up. For example it could be a grandfather, grandmother, uncle/ant, brother/sister, teacher, catechist, priest, deacon, nun, a friend, etc.
2. Then each one take a piece of paper and draw on it three gifts that God is blessing you with right now that you are grateful for and share what it is you are grateful for.
3. To conclude, each one shares one thing that they learned through doing the exercise together.